In case you missed it last year!

## SUPPORTING YOUR CHILD'S MENTAL HEALTH

May 25th, 2023 via zoom at 6:30

## In this workshop learn about...

- Challenges to student mental health
- Ways to promote positive mental health
- Mental health strategies and a google drive of resources

Presented by School Counselors Ms. Liu, Ms.
Lizotte, Ms. Dougadir, and Ms. Jerome
English and Japanese Meeting
Zoom Link

Presented by School Counselors Mrs. Ulloa-Serrano and Mrs. Olivarri

Spanish Meeting Zoom Link

